



Aspotogan Recreation Association

Community Newsletter

Vol. 52 Issue 10 October 2025

Aspotogan ~ Bayswater ~ Blandford ~ Deep Cove ~ Northwest Cove

ARA UPDATE OCTOBER 2025

Twisted Fairy Tales! A freaky flashback to childhood on the **Halloween Haunted Trail!** **Friday, October 24 at 7:00-9:00 pm.** Rain date October 25. Come check out the *twisted side* of the community centre trail. Entrance at the upper field of the Blandford Community Centre. Admission is by donation. *No lining up early.* Event may not be suitable for the very young. *To ensure that all enjoy the experience, please keep your flashlights and cellphone lights to an absolute minimum; and please no touching of props! For the safety of our guests and props, motorized vehicles are not permitted.* The trail will be closed for public walking that afternoon.

Kids Halloween Party: **Sunday, October 19 at 2:00—4:00** in the Lodge room (entrance to side of community centre). Come and dance to some scary tunes – wear your favourite costume (*with non-marking footwear*), have some treats and lots of fun!

Annual ARA Fall Bottle Drive: **Saturday, November 8 starting at 9:30 am.** Please leave your refundable bottle donations outside near your house (not near the road) as we will not be coming to your door. If we miss your donations along the way, please contact us for a pickup. Thanks to all who continue to generously support the bottle drives, and who take refundables to our bin between drives.

Tabletop Gaming: **Mondays 7:00—9:00;** Community Centre Multipurpose Room. Any game that can be played on a table, e.g., board games, card games, dexterity games, dice games, paper and pencil games, roleplaying games, strategy games, and tile-based games. Participants are encouraged to bring their favourite game and hopefully others will join the fun. The person who sets the game up will be responsible for ensuring everyone playing understands how to play. Cost is \$2.00/person. You may bring snacks and drinks (alcohol excluded).

Chair Yoga: **Fridays, 10:00—11:00** in the Community Centre. Drop-in fee is \$7.00/class – please bring exact change if possible. All are welcome to this fun and ‘user-friendly’ class. No previous experience is necessary. Wear comfortable clothing and bring a yoga mat if you have one.

Pickleball: **Thursdays 6:00—7:30** in the Community Centre. Beginner and experienced players are welcome, age 13+. Email Pickleball@BellAliant.com if you have questions or plan to play. If pickleball must be cancelled, players will be notified by email and a notice will be posted on the Community Centre Facebook page. Watch the community center Facebook page on Thursday afternoon to see if we are playing. \$3.00 drop in. All equipment is provided, please wear non-marking sneakers.

PLEASE WATCH BLANDFORD AND COMMUNITY CENTRE FACEBOOK PAGES FOR UPDATES AND CHANGES TO ACTIVITIES. If any community members have ideas for programs, please contact a member of the Executive – we welcome your ideas and feedback!

ARA executive: Carly LeBlanc 902-277-1269; Mary Norwood 902-228-2453, Vicki Schnare 902-228-2234 (vicki.schnare@bellaliant.net), Nancy Webb 902-225-2915 (n.webb@dal.ca), Wendy Clark 902-877-4871 (wendyl.clark@gmail.com), and Emily Woodworth (emilylwoodworth@live.com).

COMMUNITY NEWS

DISTRICT # 1 COMMUNITY CENTRE

BLANDFORD COMMUNITY CENTRE



The 35th Annual Blandford Arts and Crafts Fair is scheduled for Sunday, November 9th, 10 am to 3 pm.

Vendor spaces still available in the **Lodge Room ONLY**. Email blandfordns@gmail.com to book!



UPCOMING EVENTS –

Fundraiser Breakfast - Saturday, October 18th, 9 – 11 am. Eat in or Take Out. Includes eggs, bacon, sausage, toast, beans, hashbrowns, coffee, tea & juice. \$12 each, \$5 kids 10 & under, FREE kids under 3. Cash or debit available.

(TO NOTE, THE PRICE OF OUR BREAKFAST HAS INCREASED FROM \$10 TO \$12 DUE TO INCREASED COSTS OF BREAKFAST ITEMS)



Halloween Dance – Saturday, November 1st, 9 pm to 1 am, \$10 at the door. 19+ only, ID required. Dance to Kevin Koloff and the Gypsy Minstrels. SEE FULL PAGE AD FOR DETAILS!

Next Board of Directors Meeting is Wednesday, November 5th at 7 pm. All meetings are open to the public!

Board of Directors for 2025/2026 -

Kelly Fitzgerald, Chair	902-222-1046	kahfitzgerald@gmail.com
Odessa Bezanson, Vice Chair	902-277-1969	obezanson@hotmail.com
Wendy Chase, Treasurer	902-980-0012	wendychase.ns@gmail.com
Karen Overholt, Secretary	519-567-1591	francis_karen@hotmail.com

Board Members (2025/2026)

Samantha Murphy, Joanne Walton, Eric Miller, Mary Norwood, Julie Day, Amanda Mordeen and Wendy Clark

District 1 Blandford Community Centre - 30 Firehall Rd, Blandford, NS B0J 1T0

COMMUNITY NOTICES

**THE FIRE PROTECTION COMMISSIONERS
FOR THE DISTRICT OF BLANDFORD**
Regular Monthly Meeting
October 20, 2025, 7pm

Blandford Community Centre in the Lodge
All Ratepayers are welcome to view meetings

*Watch our Facebook page for any updates or changes at
"BLANDFORD & AREA FIRE RESCUE"*

BLANDFORD & AREA FIRE RESCUE

Fire Prevention Week October 5-11



Fun fire safety online games,
coloring sheets, interactive
www.sparky.org



www.firefighters5050.com/277
In support of Blandford & Area Fire Rescue

For any questions please contact Alfred Vouk
Email: alfred.vouk@gmail.com

www.blandfordfire.ca

COMMUNITY NOTICES

FIRE PREVENTION

October 5-11 2025

CHARGE
into Fire Safety™

Lithium-Ion Batteries in Your Home

Most of the electronics we use in our homes every day are powered by lithium-ion batteries. In fact, most everything that's rechargeable uses this kind of battery.

 e-bikes	 hoverboards	 tablets	 cordless vacuum cleaners
 e-vehicles	 power tools	 mobile phones	 remote control cars
 e-scooters	 laptops	 e-cigarettes/vapes	 drones
 golf carts	 smart watches	 headphones	 toys

LITHIUM-ION BATTERIES store a lot of energy in a small place. These batteries can overheat, start a fire, or explode if overcharged or damaged. By learning how to **BUY**, **CHARGE**, and **RECYCLE** these batteries safely, you can help prevent a fire in your home.

	BUY only listed products. When buying a product that uses a lithium-ion battery look for a safety certification mark such as UL, ETL, or CSA. This means it meets important safety standards.		STOP using your device right away if the battery smells weird, gets too hot, makes popping noises, changes in shape or color. If it is safe, move the device away from anything that can catch fire. Call 9-1-1.
	CHARGE devices safely. Always use the cables that came with the product to charge. Follow the instructions from the manufacturer. Buy new chargers from the manufacturer or one that the manufacturer has approved.		RECYCLE batteries responsibly. Don't throw lithium-ion batteries in the trash or regular recycling bins because they could start a fire.
	CHARGE your device on a hard surface. Don't overcharge your device. Unplug it or remove the battery when it's fully charged.		RECYCLE your device or battery at a safe battery recycling location. Visit call2recycle.org to find a recycling spot near you.

 **NATIONAL FIRE PROTECTION ASSOCIATION**
The Leading Information and Knowledge Resource on Fire, Electrical, and Related Hazards

nfpa.org/education | ©2025 NFPA®

The listing of specific commercial products or services herein is solely for educational purposes and does not imply endorsement by NFPA, nor discrimination against similar services not mentioned.

CALL 911

BLANDFORD & AREA FIRE RESCUE



COMMUNITY NOTICES

Sea Glass Tree Class

Tuesday October 14th - 6:30 to 8:30
At the East River Union Hall
7216 Hwy 329 East River

Join us to learn how to make an
8" sea glass tree with lights!

The class fee is \$40 / payable at the
class, that includes all supplies,
But you are required to bring a mini glue
gun, glue sticks will be provided.

Pre- Registration required by Friday Oct. 10th,
recommended for ages 12 and up.
To Register please contact Sheila Hirtle at
the_hirtles@yahoo.ca or 275-5720

Or at
Shore Thing Sea Glass on facebook



OCEAN SWELLS COMMUNITY CENTRE
PRESENTS...

A HISTORY OF NORTHWEST COVE AND THE ASPOTOGAN PENINSULA

DARYL GRAY'S 50 MINUTE INTERVIEW WITH THE LATE
PROFESSOR ALAN WILSON, FILMED IN 2007



Alan and Budge Wilson lived in
Northwest Cove for over 60
years. In this interview, Alan
tells of the fascinating history of
the area and his years spent
living among, what he describes
as, 'real people'.
A must see for those new to the
area and those interested in
this community's rich history.

Sunday, October 19th at 2:30pm
Ocean Swells Community Centre, HWY 329,
Northwest Cove

DONATIONS WELCOME

*Screening will be followed by tea, coffee and sweets

NOTICE

Regarding the Blandford Community Centre Monthly Fundraiser Breakfasts!

The price of our monthly fundraiser breakfasts has
increased from \$10 to \$12.

We understand that times are challenging and money is tight for many, but
due to rising costs of supplies, this change is necessary in order to continue
hosting these breakfasts.

These breakfasts are an important fundraiser that helps us keep the
Community Centre open and serving our community. We truly appreciate
your understanding and ongoing support, and we hope to see you at our
monthly breakfasts!

Thank you,
Blandford CC Board of Directors



COMMUNITY NOTICES

DISTRICT #1 BLANDFORD COMMUNITY CENTRE

30 Firehall Rd.
Blandford, NS
B0J 1T0

INVITATION TO TENDER

Snow Removal

Project: The Blandford Community Centre is inviting interested parties to submit a bid for Snow Removal and salting for a two year period.

Description: The area for snow removal would include Firehall Road from Highway 329 to the Community Centre parking lot, the parking lot as a whole, as well as a roadway around the back and sides of the Community Centre. Salting of the area would also be required. Shovelling out and salting of all doorways and entrances to the Community Centre. A walk around with a board member when tender is awarded to ensure understanding of areas.

NOTE: It is important that the roadway and front of the building be a priority for snow removal or salting (if ice storm) due to the need of Blandford & Area Fire Rescue having access to the 329 for emergencies.

Duration: Year 1: Start date of Dec 1, 2025 to April 30, 2026
Year 2: Start date of Dec 1, 2026 to April 2027

Proof of Insurance: Required to submit letter from insurance along with tender to show snow removal coverage

Billing: Invoices to be submitted to Board of Directors treasurer monthly for payment.

Terms of payment: Net 30 days

Interested parties should submit their bid no later than **November 1, 2025** to the Board of Directors at the above address or email blandfordns@gmail.com. Any questions please contact Karen Overholt at (519) 567-1591

COMMUNITY NOTICES



PUBLIC WORKS DEPARTMENT

DEPOT OPENING

Public Works Department

902-275-1312 | publicworks@chester.ca | www.chester.ca

The Municipality of Chester is pleased to announce the opening of its Public Works Depot at 643 Highway 14, Windsor Road.

Visit <https://chester.ca/news/public-works-depot-opening> for information.



Water Supply and Septic System Upgrades Program

No one should have to worry about the quantity and quality of their water supply. Yet longer periods of drought are causing wells to run dry, and failing septic systems risk contaminating already stressed groundwater and surface water sources.

To help manage the cost of improving these on-site services, the Municipality of Chester has created the **Water Supply and Septic System Upgrades Program**. This program provides eligible property owners with low-interest loans to improve their on-site systems and ensure access to a clean and reliable water supply.



Phone
(902) 275-3554



Address
151 King Street, Chester,
NS, B0J 1J0



Website
<https://chester.ca/home>



Email
ccollicutt@chester.ca



Apply Now
Scan the QR code to apply

Eligible Upgrades

If the upgrade repairs or replaces an existing water supply or septic system that's not performing as it should, it's likely covered through this program. Examples of eligible upgrades include:

- Installing a drilled well
- Replacing a failing septic system
- Repairing a well pump
- Upgrading a water treatment system

Who Qualifies

You qualify to participate in this program if you are:

- An owner of a one-unit or two-unit residential property within the Municipality of the District of Chester (it must be your primary residence); or
- A registered not-for-profit organization within the municipality.

New construction, properties without an existing water supply or septic system, and properties exempt from paying property taxes are ineligible for this program.

Loan Details



Interest rate of
3% annually



Maximum loan
of \$30,000



10-year
repayment



Equal monthly
installments

COMMUNITY NOTICES

ESSENTRICS IN BLANDFORD

WITH BETH LENCO



Essentrics draws on the flowing movements of tai chi which create health and balance, the strengthening theories behind ballet which create long, lean, flexible muscles and the healing principles of physiotherapy which create a pain free body! This workout simultaneously lengthens and strengthens every muscle in the body, resulting in greater joint mobility and lean long muscles.

TUESDAYS 10:00 - 11:00AM
OCTOBER 7TH - NOVEMBER 25TH
DISTRICT NO.1 COMMUNITY CENTER
\$105 PER PERSON, AGES 35+



To Register, call The Municipality of Chester Recreation Department at (902) 275-3490, or see our Explore Life Brochure for more details!



COMMUNITY NOTICES

10 Benefits of Walking!



- Walking is great for your heart
- It helps you burn calories
- It helps with joint pain
- Strengthens bones and muscles
- Improves balance and coordination
- Encourages other forms of exercise
- Walking can increase your energy
- Can relieve stress and anxiety
- Encourages social connections
- Walking can make you happy

**All great reasons to join the Indoor Walking
Group in Blandford!**

**Mondays October 27th - December 1st
10:00 - 11:00am
District No.1 Community Center
\$2 Drop - In**



COMMUNITY EVENTS



ATHENÆUM SOCIETY OF NOVA SCOTIA

www.athenaeumns.org

Mindfulness and the Evolution of Consciousness

Presented by
Dr. Timothy Walker

Recent evidence shows that the brain can grow and improve. This is called Neuroplasticity, meaning our brains change with experience and training. Anxiety, depression, addictions, obsessive-compulsive issues, emotional volatility, as well as many stress-related health problems, can be transformed gradually and improved with mindfulness practice.

For thirty years, Dr. Timothy Walker, Ph D has worked to integrate mindfulness and the psychology of meditation into psychotherapy, education, and healthcare. Co-founder of the Healing and Cancer Foundation, he has worked with the Nova Scotia Department of Health, taught at Dalhousie University, Acadia University, the Counselor Training Institute and within the Shambhala community.

Sunday, October 26, at 2:30pm

Ocean Swells Community Centre

Northwest Cove, 2726 Hwy 329 (Hwy 103 Exit 6)

All are welcome. Q & A. following.

For more info, call: (902) 476-4465

COMMUNITY EVENTS...(continued)

OSTEOPOROSIS CANADA PRESENTS

BONE HEALTH

MONDAY OCTOBER 27TH

Did you know at least 1 in 3 women and 1 in 5 men will suffer from an osteoporotic fracture in their lifetime. This FREE workshop provides a general overview about what osteoporosis is, risk factors, how to maintain healthy bones, the impact of nutrition & physical activity, and fall prevention. Learn how to reduce your risk of fracture and about resources available for those living with or at risk for osteoporosis.

DISTRICT NO.1
COMMUNITY CENTER
BLANDFORD
11:00 - 12:00

REGISTER BY CALLING
THE MUNICIPALITY OF
CHESTER AT (902)275-3490
BY OCTOBER 24TH

COMMUNITY EVENTS...(continued)

Blandford Community Centre Fundraiser
Saturday, November 1st

9 pm to 1 am

HALLOWEEN DANCE

DANCE TO KEVIN KOLOFF
AND THE GYPSY MINSTRELS

\$10 at the door



Must be 19 and over, ID required

COMMUNITY EVENTS...(continued)

Volunteer Summit

Learning together. Leading together. Thriving together.

Sat, Nov 8, 2025 , 8:30-4:00 NSCC, Bridgewater

Join other volunteers for a day of interactive workshops and group sessions, a keynote speaker, networking opportunities, lunch, door prizes and the **chance to win \$500** for your organization!

Summit Highlights



Keynote: The Power of Local - Reigniting Volunteerism in Rural Communities

Summit Session #1: Don't Just Recruit Volunteers, Let's Build a Community

Breakout #1 - Pre-register for one of the following four sessions:

- Grant Writing #101
- Community Halls Revitalization
- Fun-Fueled Fundraising
- Social Media and Basic Marketing & Promotion

Breakout #2 - Pre-register for one of the following four sessions:

- Grant Writing #101
- Community Halls Revitalization
- Fun-Fueled Fundraising
- Social Media and Basic Marketing & Promotion

Summit Session #2: Welcoming Newcomers - Engaging through Volunteerism

For full details, please visit: www.modl.ca/volunteersummit

Registration open: Oct 1 to 31

To register - Call 902-275-3490 or Email: recreation@chester.ca

Cost \$15* (lunch included)

***Subsidized spots may be available, enquire at registration**



COMMUNITY EVENTS...(continued)

35th ANNUAL BLANDFORD HOLIDAY ARTS AND CRAFTS SALE

SUNDAY, NOVEMBER 9th, 2025

10 am to 3 pm

District 1 Blandford Community
Centre - 30 Firehall Rd (off Hwy 329)
Blandford

Admission - \$3, children under 12
FREE

Canteen open and lunch plate
available for purchase



**A BLANDFORD COMMUNITY CENTRE
FUNDRAISER**

VENDORS EMAIL –
blandfordns@gmail.com for info and
application

DISTRICT 1
BLANDFORD
COMMUNITY CENTRE



COMMUNITY NEWS

Update from Seaside Seniors by Claudia Zinck

There wasn't a Seaside Seniors meeting in September, apparently, even seniors deserve a little summer holiday! But not to worry, we're making up for lost time by jumping right into our fall session this October.

Mark your calendars for **October 17th**, when we'll kick things off with a good old-fashioned **potluck supper**. We've even invited the fine folks from East Chester Seniors Club to join us, so bring your best dish because you never know who will show up with a casserole to outshine yours. And yes, it will also be our **Annual General Meeting**, but don't let that scare you off. We promise to sprinkle in a few activities to keep everyone smiling and moving (or at least bouncing in our chairs).

As we start a brand-new year together, why not consider joining our social group? It's not just about meetings. We plan **bus trips** throughout the year, enjoy a **Christmas dinner mid December**, and put together all kinds of **themed programs**. Honestly though, the real favorite is something much simpler, **chatting with whoever happens to sit nearby**. You'll hear the hum of conversation across the room, like a beehive full of happy bees, only with more stories about grandchildren and less honey.

So come visit us at a meeting! If you're nervous about walking in alone, we've got you covered, call me (Claudia) at **902-228-2091** or drop me an email at **claudiaazinck@gmail.com**. I'll happily be your "first-night chum". After all, everything's easier when you've got a friend to sit with, especially when the dessert table is calling your name.

See you in October!

BUSINESS SERVICES



SATURDAY, OCTOBER 11

INVEST IN ASPOTOGAN

Fall Scramble

**BRING A TEAM OF FOUR AND PLAY 18-HOLES
IN SUPPORT OF THE COMMUNITY GOLF COURSE
BBQ LUNCH TO FOLLOW - \$15**

ON-SITE GAMES AND DRAWS SO BRING SOME CASH !



REGISTRATION AT 8:30



PLAY STARTS AT 9:00

**COST: \$400/TEAM; CARTS NOT INCLUDED
(CARTS ARE LIMITED SO REGISTER EARLY TO SAVE YOUR SEAT)**

RSVP BY OCTOBER 7

902-857-1333

play@aspotoganridge.com

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BUSINESS SERVICES



Where would YOU like to go?

Appointments? Shopping? School or work? Visit a friend, or even a group outing. **We can help with that.** Community Wheels is an affordable transportation service for all residents of the Municipality of the District of Chester.

Book in advance, arrange a day, time, pick-up location and destination, and we'll be there.



A service tailored to serve YOU

Where would YOU like to go? A job interview, shopping, social visit, school, an appointment, out for fun, need a break from winter driving — **We can help with that.** Fares? Pay us what you can afford for rides within the Municipality of Chester. For rides outside of the MOC, talk with our dispatcher about suggested minimum donations.. Book in advance and we'll be at your door. Call for our **DOOR-TO DOOR SERVICE**.

Where would YOU like to go? Do you need assistance getting there? We can help with that. We have accessible vehicles for those with limited mobility and/or seniors. Book in advance and we'll be at your door. Call for our **ACCESSIBLE SERVICE**.

Where would YOU like to go? Planning an event or a group outing? We can help with that. Perfect for any time a group may want to travel to a destination together. It's a safe, enjoyable way to reach where you need to go. Call for our **CHARTER SERVICE**.



For more details on all our services, please visit our website at www.communitywheels.ca or please contact us:

- For **booking rides**, please contact our Dispatcher, Julie at 902-273-2440 or julie@communitywheels.ca
- For **general inquiries**, please contact our Executive Director, Courtney at 902-277-1441 or courtney@communitywheels.ca

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http://dibphoto.ca
Bayswater, Nova Scotia



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**If you have an idea
or project we would
be happy to help.**

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**Angela Kitching
Owner**



villageemporium@yahoo.ca

www.villageemporiumns.com

[TheVillageEmporiumChester](https://www.facebook.com/TheVillageEmporiumChester)

902-275-4773

PO Box 539, 11 Pleasant St
Chester, Nova Scotia B0J 1J0

DAVID BOND LAW OFFICE

Phone: 902-858-3066

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BUSINESS SERVICES



Clean Lines Carpentry
TONY MIHAIOFF

Owner

902-240-6260

Cleanlineext@gmail.com

Northwest Cove, NS



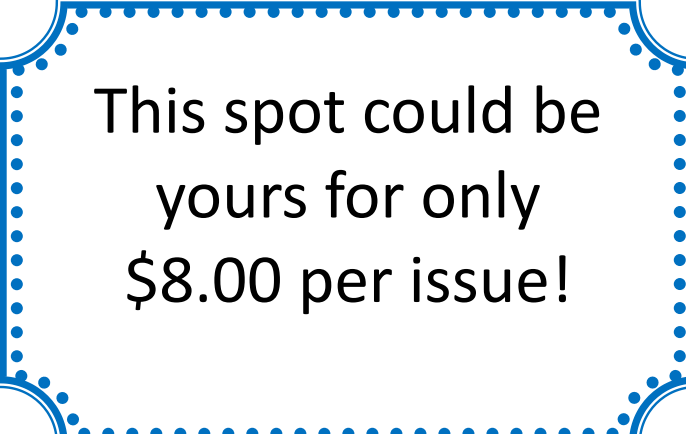
We have come from the West (British Columbia) to the East Coast! We bring innovative ideas with 20+ years experience in exterior and interior builds, custom furniture and designs.

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Esther Lorenz, CCA
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BUSINESS SERVICES



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Ministry@ParishofBlandford.ca
<https://parishofblandford.ca>

October 2025 Worship Schedule

For latest updates, go to: <https://parishofblandford.ca/service-schedule/>

October 5	10:00am	St. Barnabas, Blandford
October 12	10:00am	St. Cuthberts, Northwest Cove
October 19	10:00am	All Saints, Bayswater ~ Café Church
October 26	10:00am	St. Barnabas, Blandford



OHC Same Day Clinic Schedule for **OCTOBER** 2025

Call 1-902-273-2098. Phone lines open **30 MINS** before clinic start time.

Tuesday	Wednesday	Thursday	Friday
	1 8 AM TO 3 PM	2 9:30 AM TO 1 PM	3 CLOSED
7 9 AM TO 7 PM	8 8 AM TO 3 PM	9 8 AM TO 3 PM	10 8 AM TO 2 PM
14 9 AM TO 7 PM	15 8 AM TO 3 PM	16 8 AM TO 3 PM	17 8 AM TO 2 PM
21 9 AM TO 7 PM	22 8 AM TO 3 PM	23 9:30 AM TO 1 PM	24 CLOSED
28 9 AM TO 7 PM	29 8 AM TO 3 PM	30 8 AM TO 3 PM	31 8 AM TO 2 PM

You must have an appointment to come to the 2nd floor Same Day clinic
 Address: 3769 Hwy #3 PO Box 74 Chester NS B0J 1J0

COMMUNITY EVENTS CALENDAR

OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BCC = Blandford Community Centre	OS = Ocean Swells Community Centre		1 BCC Board Mtg 7 pm	2 Pickleball BCC 6 pm Darts Pumpers 7:30 pm	3 Chair Yoga BCC 10 am	4
5 St. Barnabas 10 am	6 Tabletop Gaming BCC 7-9 pm	7 Fire Trg 7 pm	8	9 Pickleball BCC 6 pm Darts Pumpers 7:30 pm	10 Chair Yoga BCC 10 am	11 Fall Scramble Aspotogan Ridge 8:30 am
12 St. Cuthberts 10 am	13 Tabletop Gaming BCC 7-9 pm Happy Thanksgiving!	14 Fire Trg 7 pm Sea Glass Tree workshop East River Union Hall 6:30 pm	15	16 Pickleball BCC 6 pm Darts Pumpers 7:30 pm	17 Chair Yoga BCC 10 am Seasiders potluck and mtg BCC 5 pm TBC	18 Breakfast BCC 9 am
19 All Saints 10 am Kids' Halloween party BCC 2 pm Film OS 2:30 pm	20 Fire Mtg BCC 7pm Tabletop Gaming BCC 7-9 pm NOV 2025 Newsletter Deadline	21 Fire Trg 7 pm	22	23 Pickleball BCC 6 pm Darts Pumpers 7:30 pm	24 Chair Yoga BCC 10 am Haunted Trail 7 pm	25
26 St. Barnabas 10 am Athenæum OS 2:30 pm	27 Indoor walking BCC 10 am Bone Health BCC 11 am Tabletop Gaming BCC 7-9 pm	28 Fire Trg 7 pm	29	30 Pickleball BCC 6 pm Darts Pumpers 7:30 pm	31 Chair Yoga BCC 10 am	Nov 1 Halloween Dance BCC 7 pm

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SUBMISSION DEADLINE FOR NOV NEWSLETTER:
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